

# Stanwood-Camano Branch of AAUW

## In Touch

January 2019

Edited by Martha Huyler and Georgi Proulx



[www.aauwsc.org](http://www.aauwsc.org)

### January 3rd

**Thursday**

**1:00 p.m.**

January Board Meeting  
Camano Library

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### January 10th

**Thursday**

**12:30 p.m.**

Social Half Hour

**1:00 p.m.**

General Meeting  
Camano Library

Program: *Speaker, Angie Drake*  
*Suicide Prevention*

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### January 22nd

**Tuesday**

**1:00 p.m.**

New Members Tea  
Norma Mouton's Home

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### January 28th

**Monday**

**Lobby Day**

Olympia

Program information contact:

Carol Kayler  
VP of Program



### Message from the President

*Leslie Gitomer*

I saw this article on the National Website, and thought it was worth sharing their 10 resolutions for the year from their strategic plan that would then feed down to all the branches.

The first 3 resolutions have to do with the Work Smart Online course, designed to help women learn how to help us secure higher salaries and hourly wages more in line with our male counterparts. Though I realize many of us are retired, I like the ideas about passing this message on to our daughters, and other younger women that we may have close connections with.

1. *Take the new Work Smart Online course.* This free, one-hour class is focused on teaching women to secure higher salaries or hourly wages, but it can also help you become a better overall leader and communicator — not to mention an ambassador for the course.
2. *Encourage the women in your life to access Work Smart.* Set a goal to ask at least 20 women, whether they be daughters, granddaughters, colleagues or fellow college alumnae, to register for the online course. Reach out via email, social media, or at our next book group meeting.
3. *Make sure everyone in your AAUW branch takes the course.*
4. *Help us learn about your community.* We will be starting out the new year with an online survey for our members to see the subjects that interest our membership and how our branch can participate as a AAUW group. I hope it will answer the question of everything AAUW does, what is most important to you, and how do you think we can benefit our community.
5. *Support a fundraising drive.* PWP for example.
6. *Be part of a national conversation on pay equity.*
7. *Develop your branch and state strategic plans to complement the national plan.* This is a continuing effort by our branch.
8. *Become a Two-Minute Activist.*
9. *Organize branch members to join in your advocacy efforts.*
10. *Create a plan for your branch to recognize Equal Pay Day on April 10, 2019.*

To read more go to <https://www.aauw.org/article/new-years-resolutions-to-support-aauw-strategic-plan/>.

I want to remind everyone about Lobby day on January 28, a great way to support many of these items. I will be attending and meet up with any members that are coming in the morning as I will be spending the night with my daughter who lives in Olympia. I hope so see some of you there. I have been to at least two of these events and have also felt they are worthwhile. I will also try to set up appointments with our local congress people in the early afternoon.

I am excited about this upcoming year and am so thankful for our wonderful community of women in Stanwood, Camano Island, Arlington and other nearby towns.

## Future Events

**February 7th**

**Thursday**

**1:00 p.m.**

February Board Meeting  
Camano Library

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**February 14th**

**Thursday**

**12:30 p.m.**

Social Half Hour

**1:00 p.m.**

General Meeting  
Camano Library

*Program: Women's Self  
Awareness*

## Tulalip & Stillaguamish Grants

*Lynda Buehring*

Thank you PWP Grant Team for having the insight and expertise for early submission of grant applications to the Stillaguamish and Tulalip Tribes. We discussed the process and cycles in March following through this summer with timely submissions.

AAUW Stanwood-Camano was awarded \$4000 from Tulalip and \$7000 from the Stillaguamish Tribes. Special thank you to Carolyn Spector, Lynda Buehring, Norma Mouton and Nancy Voelckers for working together on the grant applications and Jackie DeFazio and Gay Campbell for their consultation and experience. The Chihuly Donation Request was also submitted on December 17 for a monetary donation or artwork piece for our PWP Auction next year.



## January Program: Suicide Prevention

*Speaker: Angie Drake*

Angie Drake is the founder of Stanwood-Camano's local suicide prevention organization. She has a vast experience in suicide loss and suicide prevention. Since the organization began, Angie has spoken at colleges, hospitals, and has previously been a member of the Stanwood Camano school suicide prevention group.

Angie is trained in ASIST (Applied Suicide Intervention Skills Training) as well as SAFEtalk (Suicide Awareness For Everyone) and certified as a support group facilitator. Since 2015, Angie has coordinated classes for suicide intervention skills training which has helped over 100 people get the skills needed to save a life. She also coordinated our local suicide loss support group which has proven to be very helpful for those who've lost a family or a loved one to suicide.

Don't miss this interesting program on Thursday, January 10 at the Camano Library, 12:30 p.m. Social Half Hour; 1:00 p.m. General Meeting begins.



## Branch Membership Opportunities

*Martha Huyler*

As we begin the year, we welcome our newest member, Linda Demetre. We are so excited to see our branch membership up to 89. Thanks to those who have brought prospective members and those who provided interesting programs, day tripper events, special activities and community involvement resulting in this increased membership.

At the new members' tea in January, members of the board and chairs of committees will welcome members who have joined in the past 15 months and explain the many ways that new members can become involved.

The next and most important step for all members (new and long-time members) is to avail yourself of all we have to offer. Learn new things, meet new people, and renew old friendships. We hope to see you frequently in 2019.



**Visit our branch  
website for forms,  
newsletters, and  
upcoming events.**

**[www.aauwsc.org](http://www.aauwsc.org)**

## Your 2018-2019 Board

### President

Leslie Gitomer

### President-Elect

Mary Chesney

### VP of Finance

Nancy Voelckers

### VP of Finance-Elect

(open position)

### VP-Membership

Martha Huyler

### Membership Assistant \*

Georgi Proulx

### Secretary

Linda Lynn

### VP of Program

Carol Kayler

### Program Assistant \*

Helen Smith

### Public Policy

Cathlin Starke

### Communications

Georgi Proulx

\* Appointed position, shares vote with VP

## Activity Leaders

### Purses with Purpose 2019

Lynda Buehring

Norma Mouton

### High School STEM Scholars

(open position)

### Scholarship Chair

Anne Milton

### Tech Trek Chair

Terry Benson

### Volunteer School Partners

(open position)

### AAUW Funds Coordinator

Mary Raymond

### Candidate & Issues Forum

Elaine Richards

### Historian

Carolyn Spector

### Diversity

Linda Lynn

### 501(c)(3) Compliance

Jackie DeFazio

### Stanwood-Camano Give

Mary Raymond

### Title IX Liaison

Connie Carr

### Newsletter Team

Georgi Proulx, Martha Huyler

## Public Policy: Lobby Day

Cathlin Starke

Lobby Day is Monday January 28th, 2019 from 8:00 a.m. to 1:00 p.m. at St. John's Episcopal Church, 114 20th Ave. SE Olympia, WA 98501.

This is a fabulous opportunity for members to meet with legislators, other branches members, and state AAUW Officers. I encourage you to attend!

Because of the distance and traffic, it is easiest to carpool and go down Sunday afternoon. State AAUW has arranged for the Hilton Garden Inn to give us a reduced rate. State AAUW will also arrange a place for dinner so we can meet other branches' members.

The morning meeting at St. John's will be followed by brief meetings with our legislators. I will advise once these appointments are set.

Registration for Lobby Day will be \$25 per person. To register go to:

<http://events.constantcontact.com/register/event?llr=psxfmitab&oeidk=a07eftelsaqb123654a>

Lunch will be provided; select it when you register.

If you would like to join the Sunday night dinner, please contact Judy Prince at [president@aauw-wa.org](mailto:president@aauw-wa.org).

Contact Christy Vasquez at (360) 357-2972 for your hotel room reservation.



## Day Trippers - January 30

### Gates Foundation Discovery Center Seattle

The January Day Tripper outing will be to the Gates Foundation Discovery Center, 440 5th Avenue, Seattle and lunch at the Palomino Club, 1420 5th Avenue. At the Discovery Center, you'll encounter powerful stories about the impact of the Bill & Melinda Gates Foundation and its partners toward improving the quality of life for billions of people. The interactive exhibits let you explore first-hand bold, innovative solutions to the most challenges facing communities around the globe. The cost is free and our tour starts at 11:00 a.m. followed by lunch at the Palomino Club at 12:30 p.m. There will also be time to get a coffee and a little shopping at Pike's Market.

We will organize carpools from Camano and Stanwood to the Everett Train Station and ride the Sound Transit Express Bus to Seattle. After arriving on the bus we will board the monorail to the Seattle Center/Gates Discovery Foundation. The bus fare roundtrip is 2.00 for seniors and 7.50 for others. The monorail is 2.00 roundtrip. You need to have exact change or use an Orca card.

Please contact Lynda Buehring by January 5 to make your reservation.





## Special Branch Activities

### Day Trippers

An informal gathering of members with time and interest to participate in a variety of outings.

Lynda Buehring  
Mary Pilkington  
Patti Pontikis

### Movie Group

Join us for lunch and a movie. Suggestions welcome.

Anne Milton  
Georgi Proulx

### Book Group

Open to all members. Join us for lively conversation if you've read the book or if you just want to come join the discussion.

Katie Farrey



[www.facebook.com/  
stanwoodcamanoaauw](http://www.facebook.com/stanwoodcamanoaauw)

**LIKE** our page to  
follow us then

**SHARE** to increase  
our visibility in  
the community.

### Public Policy

Go to:  
AAUW Washington to keep  
up with happenings in the  
current legislative session  
and to learn about areas  
for action.

[www.aauw-wa.org](http://www.aauw-wa.org)

AAUW Action Network  
for Congressional items  
regarding the national  
issues for action.

[http://capwiz.com/  
aauw/home/](http://capwiz.com/aauw/home/)

## Book Group

Katie Farrey

The Book Group is open to all members. Books are available through Sno-Isle Libraries. Join us for lively conversation if you've read the book or if you just want to come join the discussion.



### January

WHAT: Exit West by Moshin Hamid

WHEN: Monday, January 7, 2019, 2:00 p.m.

WHERE: Jackie Olson's Home

*"A love story that unfolds in a world being irrevocably transformed by migration. In a country teetering on the brink of civil war, two young people meet--sensual, fiercely independent Nadia and gentle, restrained Saeed. They embark on a furtive love affair, thrust into premature intimacy by the unrest roiling their city. When it explodes, turning familiar streets into a patchwork of checkpoints and bomb blasts, they begin to hear whispers about doors--doors that can whisk people far away, if perilously and for a price. As violence and the threat of violence escalate, Nadia and Saeed decide that they no longer have a choice. Leaving their homeland and their old lives behind, they find a door and step through."-- Provided by publisher.*

### February

WHAT: A Tale for the Time Being by Ruth Ozeki

WHEN: Monday, February 4, 2019, 2:00 p.m.

WHERE: Terry Benson's Home

*"A time being is someone who lives in time, and that means you, and me, and every one of us who is, or was, or ever will be." In Tokyo, sixteen-year-old Nao has decided there's only one escape from her aching loneliness and her classmates' bullying. But before she ends it all, Nao first plans to document the life of her great grandmother, a Buddhist nun who's lived more than a century. A diary is Nao's only solace--and will touch lives in ways she can scarcely imagine."-- Provided by publisher.*

### March

WHAT: Lilac Girls by Martha Hall Kelly

WHEN: Monday, March 4, 2019, 2:00 p.m.

WHERE: Georgi Proulx's Home

*"Inspired by the life of a real World War II heroine, this novel reveals an incredible story of love, redemption, and terrible secrets that were hidden for decades." - Provided by publisher.*

For more information, contact Katie Farrey.

## Day Trippers: February 12, Tri-Dee Arts

Lynda Buehring

February Day Tripper outing will be to Tri-Dee Arts in Mt. Vernon including lunch at Calico Cupboard. At Tri-Dee Arts you will create your own ceramic fun and walk out with a work of art. Great place to create, laugh and paint cool things for a very small cost. Tri-Dee Arts is the Skagit Valley's premier art supply and gift store with the largest selection of art supplies north of Seattle.



Explore all the nooks and crannies to find unusual gifts and just have plain fun creating your signature piece. There will also be time to explore the other shops in Historic Downtown Mt. Vernon and finish with lunch at Calico Corners or a walk on the Skagit River boardwalk.

Please contact Mary Pilkington if you are interested in attending by February 1.

## General Meeting Minutes - no minutes for December 12, 2018

### Scholarship Budget for 2019

At the January 10 meeting we will be voting on our Scholarship Budget for 2019. A copy of the proposed budget is below for your review in preparation for the vote.

Comments, questions and discussion are welcome at the meeting, but if you have questions prior to then please contact Nancy Voelckers, Treasurer.

#### 2019 Scholarship Budget

<u>Income</u>	2018 Budget (approved)	2018 Actual (thru 11/30)	2019 Budget (proposed)	
Donations-non-designated		4,570.00	2,000.00	
Donations- Tech Trek		1,950.00	2,000.00	A
Interest income		165.12	200.00	
<b>TOTAL INCOME</b>		<b>6,685.12</b>	<b>4,200.00</b>	
<u>Expenses</u>				
Tech Trek	-7,600.00	-9,050.00	-7,600.00	B
STEM Expense	-150.00	-132.80	-200.00	C
Scholarship Admin/Printing	-50.00	0.00	-150.00	C
Scholarship Search Expense	-35.00	0.00	0.00	D
College scholarships	-12,000.00	-12,000.00	-12,000.00	E
Education Foundation (EF)	-2,000.00	-2,000.00	0.00	
Legal Advocacy Fund (LAF)	-1,000.00	-1,000.00	0.00	
AAUW National Funds			-3,000.00	F
<b>TOTAL EXPENSES</b>	<b>-22,835.00</b>	<b>-24,182.80</b>	<b>-22,950.00</b>	
Net before 2019 PWP	-22,835.00	-17,497.68	-18,750.00	

A: Giving Tuesday estimate

B: 8 students at \$950 each

C: Increased STEM expense  
and Scholarship Admin  
Expense

D: Deleted Scholarship  
Search expense

E: No change from 2018  
budget

F: Fund designation not yet  
determined

## Meet Our Members

Jackie-Lyn Olson

Born in Seattle and raised on Magnolia Bluff, the oldest of 5 children, Jackie-Lyn spent many weekends and summers at their family cabin on Lake Wenatchee. Growing up she reports, "I remember girls were not allowed to wear pants to school only dresses or skirts. We did not participate in sports. In most of my math and science classes I sat in the back rows of the class with the rest of my girl friends."

Jackie-Lyn worked her way through community college spending two semesters at CWU Edmonds Campus before accepting a job as an accounting manager for an architect/engineering firm in Edmonds and later for an Edmonds boat manufacturer. "I graduated WWU with a BA in Elementary Education and Psychology. Earned an endorsement in Teaching English as a Second Language." Jackie-Lyn was an elementary teacher in Everett, Mount Vernon, and Snohomish retiring this past June.



More about her past forty plus years Jackie-Lyn reports, "I graduated Holy Names Academy 1972 and moved to Hawaii until 1975. In 1977 I moved to Edmonds and met my husband and married in 1988. We moved to Warm Beach in 1990 and have one daughter."

Regarding her interests, "I enjoy spending time on the water salmon fishing and recently took up fly fishing. I enjoy painting. My husband and I spend summers in the Selkirks where we have recreational property and we fish and hike with friends and family." She has traveled to Italy, France, Austria, Germany, Denmark, Greece.

Jackie-Lyn recently joined AAUW because "I would like to feel like I am working toward changing the political climate in our country. I appreciate the progress AAUW has helped facilitate for young women and want to support the programs and policies AAUW works on." Her activities in AAUW include participating in the Book Group.

### What advice do you have for AAUW members?

*I don't have any advice. I just appreciate how welcoming everyone has been and the stimulating and thought provoking conversations I have been allowed to take part in.*

### What advice do you have for girls today?

*Be as self-sufficient as you can possibly be. Work for the change you want to see in the world and find people who share your vision. Have fun along the way!*

Welcome Jackie-Lyn to our branch and introduce yourself to her at our next meeting.



**WISHING YOU A HAPPY AND PROSPEROUS NEW YEAR**

